

*Peace Nouwella*™ Copyright, May 2010, 115th Edition, Volume 10-5

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For current month updates and past newsletters see: <http://scs.pro-wds.com/publications>

#### SUMMARY OF NEWSLETTER

- \* **Monthly Message:** Peace Pointers™, Letter to readers and Announcements
- \* **Courses and Events:** Weekly and Monthly Events and Educational Programs
- \* **Consulting Services and Products;**
  - Corporate Consulting:** Creative Arts and Healing Arts Services, Products and Training
  - Individual and Group Consultations:** Healing Arts Services and Training

#### Monthly Message May 2010

##### *Peace Pointers*™

*Socrates said, "There is no disease of the body apart from the mind." To add to those words "Health is the result of relinquishing all attempts to use the body lovelessly...Yet, sickness is not of the body, but of the mind. All forms of sickness are signs that the mind is split, and does not accept a unified purpose." – A Course in Miracles, T-8.VIII.9:9 & T-8.IX.8:6-7*

As the opening Peace Pointer™ quotes remind us, there is great benefit in having a unified purpose. It enables us to heal by healing all inner divides that keep us in conflict in any way. Any beliefs that leave us feeling split off from the Whole deny our wholeness and therefore our right to perfect health. It is within that understanding that the seeds of our own inner peace are sown.

Toward sowing greater inner and outer peace this year's **Inner Peace Treaty™ 12th Anniversary Events** will include a social **Pot-luck Luncheon** at Peace Point with an inner peace inspiring presentation by the [Peace Nouwella Players™](#) on **Saturday, June 19, 2010, 1:00-4:30pm**. As part of the 12th anniversary events I will also be offering an **Inner Peace Treaty™ Journaling Workshop** on **Monday, June 21st, 7:00-8:30pm** on the 12th and **Peace Nouwella™ Introduction Workshop** on **Saturday, June 26, 10:00am-3:30pm**. See details below under **Events and Courses Descriptions**.

**This month's special is a free 45 minute first time individual session or a free ½ hour on a one hour repeat session for the first six callers at (410) 945-1117.** This includes individual intuitive guidance and subtle energy healing over the phone or in person. Consultations can include: intuitive guidance, subtle energy field scans and **Peace Pulse™** hands healing. For a description of a session visit <http://scs.pro-wds.com/individual-consultations>.

The courses that I am offering this spring and summer are shown below under **Courses & Events**. Please be sure to register early prior to the confirmation due date shown for each class. I am also hosting a **Special Two Part Workshop** on **Saturday, May 15, 2010** with internationally known author, researcher and lecturer **P.M.H. Atwater** along with her husband **Terry Atwater**. **P.M.H. Atwater** is known for her numerous research books on near-death experiences and more recently indigo children. **Terry Atwater** is an *A Course in Miracles* study group leader in the Charlottesville, Virginia area. See the American Healing Arts Alliance Inc. **P.M.H. & Terry Atwater's Workshop Flyer/Registration Form** webpage and AHAA's **Upcoming Events Calendar**.

I look forward to seeing you here at Peace Point.

*Peace nouwella,*  
*Alice Yeager*



Alice Yeager

*May a new peace be scripted in your heart co-authored with God – a Peace Nouwella™.*

## ANNOUNCEMENTS

### Peace Novella™ Individual Sessions

Sessions offered by appointment at (410) 956-1117.

For details visit: <http://scs.pro-wds.com/individual-consultations>.

### AHAA SPEAKER PROGRAMS AND WORKSHOPS

All are invited to attend any of the jointly sponsored American Healing Arts Alliance Inc. events held here at Peace Point in Edgewater and the AHAA Speakers Programs at Annapolis Lymphedema and Therapy Center, 2001 Tidewater Colony Drive, Suite 102, Annapolis, Md 21401. [MAP to ALTC at Bestgate Rd and Tidewater Colony Dr.](#)

### Mark your calendars for these upcoming jointly sponsored programs.

See the [www.americanhealingarts.org](http://www.americanhealingarts.org) current newsletter under [Publications](#) for details.

### AHAA Employment Position

Part-time paid position available for seniors, disabled or veterans age 55 or older through a federally funded program working for the American Healing Arts Alliance Inc. non-profit organization. Call AHAA at (410) 956-0055 or email via [Contact](#) for details.

## Events & Courses at: Peace Point, ALTC & AACC

### Special Inner Peace Treaty 12th Anniversary Events

**The Inner Peace Treaty™ 12th Anniversary Events** will include a social **Pot-luck Luncheon** at Peace Point with an inner peace inspiring presentation by the **Peace Novella Players™** on **Saturday, June 19, 2010, 1:00-4:30pm**. The anniversary events will also include an **Inner Peace Treaty™ Journaling Workshop** on **Monday, June 21st, 7:00-8:30pm** on the anniversary date and a **Peace Novella™ Introduction Workshop** on **Saturday, June 26, 10:00am-3:30pm**. See details below under [Courses Descriptions](#).

### WEEKLY EVENTS

#### Peace Novella™ introductory free twenty minute consultations.

Call (410) 956-1117 for an appointment. Introductory sessions are held at Peace Point with longer sessions at both Peace Point and the Annapolis Lymphedema & Therapy Center.

### MONTHLY EVENTS

The following monthly events are jointly sponsored by Spirit Creative Services Inc. (410) 956-1117 and the American Healing Arts Alliance Inc. (AHAA) (410) 956-0055. Donations offered at these events support AHAA's non-profit educational programs. The AHAA non-profit programs include the monthly events described below and AHAA's international peace programs that include; the **Peace Novella™** creative and healing arts trainings, the **Peace Pulse™** hands healing practice, **Inner Peace Treaty™** project and **Peace Novella Players™** ensemble. As designer of the Peace Novella™ educational programs I offer a variety of courses as described below. The full Peace Novella™ course of study includes opportunities to become a practitioner, facilitator or trainer through Spirit Creative Services Inc..

**1st Tuesday** [SPEAKERS PROGRAM](#) (ALTC)

**2nd Tuesday** [MEDITATION AND HEALING EXCHANGE](#) (Peace Point)

**3rd Tuesday** [MEDIA NIGHT](#) (Peace Point)

**4th Tuesday and 2nd Sunday** [A COURSE IN MIRACLES](#) (Peace Point)

**\*\*\*Please confirm attendance for all programs at least 24 hours in advance.**

**Email or (410) 956-1117 with your phone number and how many attending.**

### AHAA SPEAKERS PROGRAMS

**DAY/TIME** Monthly on the **First Tuesday**, 7:00-8:30pm

**HOST LOCATION** Annapolis Lymphedema & Therapy Center, 2001 Tidewater Colony Drive, Suite 102, Annapolis, Md 21401.

[MAP to ALTC at Bestgate Rd and Tidewater Colony Dr.](#)

These jointly sponsored by Spirit Creative Services Inc. and the American Healing Arts Alliance Inc. feature AHAA professional members and guest speakers. **See the AHAA newsletter [Publications](#) web page for additional details.**

### MEDITATION AND HEALING EXCHANGE

**DAY/TIME** Monthly on the **second Tuesday**, 7:00-8:30pm

**HOST LOCATION** Peace Point, Edgewater, Md. 21037. Call (410) 956-1117 to confirm and for directions

#### PEACE DOVE MEDITATIONS

7:00-7:30pm, Meditation, prayer and inner guidance for peace.

## HEARTS EXCHANGES

7:30- 8:30pm **HE**aling **ARTS** gatherings to give, receive or exchange healing. Practitioners, healing arts students as well as anyone interested in the healing arts are welcome. Emphasis is placed on subtle energy and bodywork.

## MEDIA NIGHT Movies/Videos/Television/Music/Art/Theater/Book/Web

**DATE/TIME** Monthly on the **Third Tuesday**, 7:00-8:30pm

**HOST LOCATION** Call (410) 956-1117 to confirm and for directions to Peace Point in Edgewater, Md. Come join in our exploration and discussions of a variety of healing arts and sciences topics through various media including television, radio, videos, movies, music, books, theater, art, ipod, cell phone and web media. **Call for this month's topic or see the AHAA Publications newsletter.**

## A COURSE IN MIRACLES

**DAY/TIME** Monthly on the **Fourth Tuesday**, 7:00pm-8:30pm **and Second Sunday**, 3:00pm-4:30pm

**HOST LOCATION** Call (410) 956-1117 to confirm and for directions to Peace Point, Edgewater, Md.

The *A Course in Miracles* study group meets as a healing circle, miracles sharing and self study support of the book. For further information about ACIM's history and worldwide study visit [www.acim.org](http://www.acim.org) or the Miracle Distribution Catalog at <http://miraclecenter.org/>. You Tube videos at <http://www.youtube.com/user/FndtnACIM>

## COURSES BY LOCATION/TITLE/DATE

The instructor for all courses is **Alice Yeager**

## ANNE ARUNDEL COMMUNITY COLLEGE

**2010 Courses offered Arnold, Annapolis High School and CAT South locations**

**REGISTRATION FORM:** Visit <http://www.aacc.edu/coned/> or call (410) 777-2325

### DESIGNING AND ILLUSTRATING CHILDREN'S BOOKS (Introduction)

**Date/Time:** Wednesdays, June 2- 30, 2010, 6:30pm-9:00pm, Arnold Campus

**Cost:** \$125 (5 sessions) **Registration Due:** Course # ARS 357-301 by May 19

### DESIGNING AND ILLUSTRATING CHILDREN'S BOOKS (Level 2)

**Date/Time:** Wednesdays, July 14- August 11, 2010, 6:30pm-9:00pm, Arnold Campus

**Cost:** \$125 (5 sessions) **Registration Due:** Course # ARS 331-301 by July 7

### HANDS HEALING: Introduction

**Date/Time:** Mondays, July 12 - August 7, 2010, 7:00pm - 9:00pm

**Cost:** \$101 (4 sessions) **Registration Due:** Course # HLH 329-301 by July 5

## PEACE POINT

Edgewater, Maryland, 21037

**REGISTRATION FORM:** <http://scs.pro-wds.com/registration-form>

Certain courses are pre-requisites for becoming a certified Peace Nouvella™ practitioner, facilitator and trainer. For information call (410) 956-1117 or email [alice@spiritcreativeservices.com](mailto:alice@spiritcreativeservices.com)

### MEDITATION - Creating More Inner Peace and Health

**Date/Time:** On-going Mondays, Noon-1:00pm (4 hrs. per month)

**Cost:** \$15 per hour session or \$50 per month (4 sessions each month)

### PEACE NOUVELLA PLAYERS™ - Ensemble Training/Coaching

**Date/Time/Cost:** June - August 2010 See details below under Description

### NATURE AS HEALER - A Co-Creative Journey

**Date/Time:** Saturday, May 29, 2010, 10:00am - 3:30pm

**Cost:** \$75 **Registration Due:** May 27, 2010

### INNER PEACE TREATY 12th Anniversary - Journaling Workshop

**Date/Time:** Monday, June 21, 7:00am - 8:30pm

**Cost:** \$15 **Registration Due:** June 19, 2010

### PEACE NOUVELLA™ - Introductory

**Date/Time:** Saturday, June 26, 10:00am - 3:30pm

**Cost:** \$75 **Registration Due:** June 24, 2010

### NATURAL HEALTH AND HEALING

**Date/Time:** Saturday, July 31, 10:00am - 3:30pm

**Cost:** \$75 **Registration Due:** July 29, 2010

### HANDS HEALING: In-Depth

**Date/Time:** Saturday, August 14, 2010, 10:00am - 3:30pm

**Cost:** \$75 **Registration Due:** August 12, 2010

### INTUITION, CREATIVITY & INNER GUIDANCE

**Date/Time:** Saturday, August 28, 10:00am - 3:30pm

**Cost:** \$75 **Registration Due:** August 26, 2010

## COURSE DESCRIPTIONS

### ANNE ARUNDEL COMMUNITY COLLEGE

2010 Courses offered Arnold, Annapolis High School and CAT South locations

**REGISTRATION FORM:** Online at <http://www.aacc.edu/coned/> or call Continuing Education at (410) 777-2325

#### DESIGNING AND ILLUSTRATING CHILDREN'S BOOKS (Introduction)

**Course # ARS 357**

**Date/Time:** Wednesdays, June 2- 30 , 6:30pm-9:00pm (5 sessions) Arnold Campus

**Cost:** \$125 **Registration Due:** One week prior to first class at <http://www.aacc.edu/coned/> or call (410) 777-2325

**Description:** Learn how to layout, illustrate and design your own children's book. Review current trends in the children's book publishing market. Textbook available at AACC College Bookstore.

#### DESIGNING AND ILLUSTRATING CHILDREN'S BOOKS (Level 2)

**Course # ARS 331**

**Date/Time:** Wednesdays, July 14- August 11, 6:30pm-9:00pm (5 sessions) Arnold Campus

**Cost:** \$125 **Registration Due:** One week prior to first class at <http://www.aacc.edu/coned/> or call (410) 777-2325

**Description:** Advance and refine the skills learned in ARS 357. Develop a multi-page layout with theme and character development, illustrations and design elements. Discuss self-publication, submission to a publisher and current publishing trends.

#### HANDS HEALING I, Introduction

**Date/Time:** Mondays, July 12 - August 7, 2010, 7:00pm – 9:00pm (4 sessions) Arnold Campus

**Cost:** \$101 **Registration Due:** One week prior to first class at <http://www.aacc.edu/coned/> or call (410) 777-2325

**Description:** This course offers an introduction to the variety of hands healing methods practiced around the world. This includes both touch and non-touch techniques working with subtle energy also called "laying on of hands, reiki, johrei, qi-gong, therapeutic touch, healing touch" etc. Learn to sense your life force as an energy also known as chi, ki, prana, bio-energy or electro-magnetic energy. Develop skills working with your hands to detect and direct subtle healing energies in and around the body. This course is designed for both health care providers and others interested in developing new or enhanced skills to promote well-being and healing.

### PEACE POINT

Edgewater, Maryland,

**REGISTRATION FORM:** <http://scs.pro-wds.com/registration-form>

Certain courses are pre-requisites for becoming a certified Peace Nouvella™ practitioner, facilitator and trainer. For information call (410) 956-1117 or email [alice@spiritcreativeservices.com](mailto:alice@spiritcreativeservices.com)

#### MEDITATION - Creating More Inner Peace and Health

**Date/Time:** On-going, Mondays, Noon-1:00pm (4 hrs. per month)

**Cost:** \$15 per hour session or \$50 per month (4 sessions each month)

**Description:** Create more inner peace, health and balance in all areas of your life. Develop an understanding of meditative healing practices as they relate to individual and global healing. These include active mind and still mind forms as well as walking and other forms of moving meditation. Techniques using sound, visualization and journaling are also covered combining music, art and writing to help you integrate meditative practices into your daily life. Learn the benefits of both a personalized practice and a supportive group environment to increase vitality, mental clarity, concentration, creativity, wholeness and harmony.

#### PEACE NOUVELLA PLAYERS™ - Ensemble Training/Coaching/Performance

**Phase 1:** June 2010

**Phase 2:** July 2010

**Phase 3:** August 2010

**Registration:** Call (410) 956-0055 or email [info@americanhealingarts.org](mailto:info@americanhealingarts.org)

For Flyer/Registration Form with dates and times for each class. Individual coaching sessions are by appointment.

**Cost:** Total with advance registration for Phases 1-3 (including individual coaching) = \$360

Total for Phase 1-3 if registering separately (including individual coaching) = \$465

**Discounts:** 10% discount offered for American Healing Arts Alliance Inc. non-profit members. Additional 10% discount for AHAA members offering at least 2 hours of volunteer time to AHAA each phase.

**Description:** The [Peace Nouvella Players™](#) is part of an international educational peacebuilding program called Peace Nouvella™. This American Healing Arts Alliance inc. sponsored non-profit educational program is designed to produce innovative productions that serve the greater community and provide leadership in the use of the creative arts for healing. This includes encouraging others to recognize the role artists play in finding creative solutions for the challenges we face individually and globally in our rapidly changing times. Performers and artists of all ages are eligible to join our diverse troupe of visual artists, writers, poets, storytellers, musicians, dancers, filmmakers and theater performers. This includes directors, stage managers, crew and assistants as part of our support team. Participants

are invited to explore their creative talents and skills with the following shared results; joyful inner calm, peaceful harmony, insightful creative expression, increased mental clarity, confident self-trust, and fun filled laughter.

#### **The benefits of participation in the Peace Nouvella Players™ include:**

**Healing arts:** Meditation, inner and outer peace building, non-verbal communication and healing skills.

**Creative arts:** Performance skills in music, dance, theater, video, writing and storytelling forms of creative expression.

#### **NATURE AS HEALER - A Co-Creative Journey**

**Date/Time:** Saturday, May 29, 2010, 10:00am – 3:30pm (1/2 hr. bag lunch, 1 session = 5 hrs.)

**Cost:** \$75 **Registration Due:** May 27, 2010

**Description:** Experience a kinship and resonance with nature as a personal co-creative relationship. Through experiential exercises and the use a naturalist's journal, you will have an opportunity to attune yourself to nature's natural rhythms, cycles and subtle interactions. This interactive experience will increase your awareness of your soul's interconnectiveness to all of life, and allow the Source of all creation to speak to you through nature. In this way we learn to recognize through the myriad expressions of life and creative form, a loving supportive infinite intelligence that communicates through nature. Bring a journal book, bag lunch and dress comfortably and protectively for outdoor walking in woodland waterfront setting.

#### **INNER PEACE TREATY 12th Anniversary Events**

**Date/Time:** **Pot-luck Luncheon with Peace Nouvella Players Presentation**, Saturday, June 19, 1:00-4:30Pm

**Inner Peace Treaty™ Journaling Workshop**, Monday, June 21, 7:00am - 8:30pm, (1.5 hours)

**Workshop Cost:** \$15 **Workshop Registration Due:** June 19, 2010

**Description:** The Inner Peace Treaty™ is part of an international Peace Nouvella™ educational peacebuilding program. The [Peace Nouvella™](#) programs include: creative and healing arts trainings, the [Peace Pulse™](#) hands healing practice, [Inner Peace Treaty™](#) project and [Peace Nouvella Players™](#) creative and performing arts ensemble. Journaling on your own Inner Peace Treaty™ can be an on-going process for creative expression and self-discovery to help you find greater clarity, fulfillment, purpose and meaning in your life. This workshop will included time for meditation and journaling on your Inner Peace Treaty™ as composed by your higher Self. Bring a journaling book to record your experience and takes notes from the presentation about the history and purpose of the Inner Peace Treaty™. You can begin your journaling process in advance by visiting the AHAA [Inner Peace Treaty™](#) webpage to add your name as part of the on-going global ratification process.

#### **PEACE NOUVELLA™ - Introductory class**

**Date/Time:** Saturday, June 26, 10:00am - 3:30pm (1/2 hr. bag lunch, 1 session = 5 hrs.)

**Cost:** \$75 **Registration Due:** June 24, 2010

**Description:** Peace Nouvella™ is an international educational peacebuilding program. This experiential presentation is co-creatively designed as an introduction to the full course of study. Individual and group participation includes lecture, discussion and experiential exercises. The words *Peace Nouvella* mean "a new peace scripted in the heart, co-authored with God". This co-authorship involves connecting with the highest aspects of your being for personal growth, healing and creative expression. In-depth study includes Peace Nouvella™ courses in; meditation, inner peacebuilding, intuition and a subtle energy hands healing practice called the Peace Pulse™. It also includes the creative arts for healing through: journaling, art, music, theater and storytelling. The full comprehensive training offers opportunities for skills development as a professional Peace Nouvella™ practitioner, facilitator and trainer. For additional background information visit the AHAA website at: [Peace Nouvella™](#), [Inner Peace Treaty™](#), [Peace Pulse™](#) and [Peace Nouvella Players™](#) related web pages.

#### **NATURAL HEALTH AND HEALING**

**Date/Time:** Saturday, July 31, 10:00am - 3:30pm, (1/2 hr. bag lunch, 1 session = 5 hrs.)

**Cost:** \$75 **Registration Due:** July 29, 2010

**Description:** This course offers an overview of the healing arts and sciences. It is designed to help you gain a better understanding of the meaning behind such terms as; preventative wellness, alternative, integrative, world and mind-body medicine, holistic health and natural healing practices. Learn how these approaches all provide resources for a healthier lifestyle. These resources include; natural medicines such as homeopathy, herbs, organic foods and eco-friendly products; meditation and studies in consciousness, meditative exercise and fitness, therapeutic massage, subtle energy hands healing and acupuncture.

#### **HANDS HEALING In-Depth**

**Date/Time:** Saturday, August 14, 2010, 10:00am-3:30pm (1/2 hr. bag lunch, 1 session = 5 hrs.)

**Cost:** \$75 **Registration Due:** August 12, 2010

**Description:** This in-depth training is for those who have completed the Hands Healing Techniques introductory course &/or individualized session instruction. The in-depth exercises are designed to further develop your hands healing skills and heightened awareness of multi-sensory abilities. This includes being able to use your hands as an extension of your mind to direct energy flows in and around the body and send healing to others and yourself. Further information covered includes: subtle energy medicine techniques, research and professional and non-professional practices including: Qi-gong, Reiki, Johrei, Therapeutic Touch, Healing Touch, Touch for Health, Polarity Therapy, the Peace Pulse and numerous other hands healing practices.

## INTUITION, CREATIVITY & INNER GUIDANCE

**Date/Time:** Saturday, August 28, 2010, 10:00am – 3:30pm (1/2 hr. bag lunch, 1 session = 5 hrs.)

**Cost:** \$75 **Registration Due:** August 26, 2010.

**Description:** This introductory class will help you become aware of your inner creative resources and foster peak experiences as a deep inner knowing awareness of your higher Self emerges. The seeker and seer in you can awaken you to your own inner re-Source. As you begin to trust this as a loving awareness of your higher Self within you can achieve greater moment-to-moment self-confidence and develop as a profound connection to the whole of creation. This awareness can allow you to discern and evaluate both inner and outer guidance in ways that foster increased insights, synchronicity, intuitive knowing and creative expression. Through demonstrations, experiential exercises and group discussion this workshop will help you stimulate and develop a heightened awareness of your multi-sensory "clair" i.e. clear "sixth" sense abilities. As an on-going inner process you can cultivate greater flow, abundant joy and grace and ease in your life.

**PEACE NOUVELLA™ additional courses offered include:**

**THE BODY AS COMMUNICATOR I & II**

**SUBTLE ENERGY; Sensing, Scanning and Sending Healing**

**THE CREATIVE ARTS AS HEALING ART**

**ART FROM THE HEART**

**CREATIVE JOURNALING**

**THE HEALER WITHIN; The Body, Mind and Spirit Connection.**

For dates & times email [info@spiritcreativeservices.com](mailto:info@spiritcreativeservices.com) or call (410) 956-1117.

## Consulting Services and Products

### CORPORATE & INDIVIDUAL CONSULTING/TRAINING

- \* **Healing & Creative Arts Consulting/Training**
- \* **Business & Individual Life Coaching/Mentoring**
- \* **Commercial & Fine Art Services/Products**
- \* **Peace Nouvella™ Players Programs**

### INDIVIDUAL & GROUP CONSULTATIONS

- \* **Intuitive Guidance**
- \* **Subtle Energy Field Assessment**
- \* **Peace Pulse™ Hands Healing Sessions**
- \* **Training, Life Coaching & Mentoring**

### Healing Arts

For details visit <http://scs.pro-wds.com/individual-consultations>

### Creative and Performing Arts

For details visit <http://scs.pro-wds.com/consulting-services>

Email [info@spiritcreativeservices.com](mailto:info@spiritcreativeservices.com) or call (410) 956-1117 for further details.

Check for monthly updates under Publications at: <http://scs.pro-wds.com/publications>

### CONTACT INFORMATION:

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President and Founder

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American Healing Arts Alliance Inc. (non-profit organization)

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Edgewater, MD 21037

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(410) 956-0055 (AHAA non-profit)

(410) 956-1118 (Fax)

[www.spiritcreativeservices.com](http://www.spiritcreativeservices.com)

[www.americanhealingarts.org](http://www.americanhealingarts.org)

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