

*Peace Nouvella*TM Copyright, July 2009, 105th Edition, Volume 9-7

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Monthly Message **July 2009**

This complete newsletter contains detailed times, dates and descriptions of upcoming courses and events, consulting services and product information. **A pdf version is attached for printing purposes.** If you have any questions or want to register for a class, workshop or schedule an individual or group **appointments call (410) 956-1117** or email alice@spiritcreativeservices.com For additional information visit my [Spirit Creative Services Inc.](http://www.spiritcreativeservices.com) and new in construction <http://scs.pro-wds.com/> websites.

*Peace Pointers*TM

June was a very eventful month that brought great change in our lives. After a wonderful celebration of the 11th Anniversary of the Inner Peace TreatyTM that included a two part Blog Talk Radio global teleconference hosted by Anita Pathik-Law with founding President of the American Holistic Medical Association, **C. Norman Shealy, M.D., PhD**, noted author and cancer surgeon, **Bernie Siegel M.D.**, Earth wisdom teacher **Brooke Medicine Eagle**, author and publisher of Miracles Magazine **Jon Mundy PhD.**, and myself as American Healing Arts Alliance Inc., Founder and President. See links below to listen in at:

Part One <http://www.blogtalkradio.com/Anita-Pathik-Law/2009/06/08/Inner-Peace-Treaty-Dialogues-With-Luminaries-in-Alternative-Healing>

Part Two <http://www.blogtalkradio.com/Anita-Pathik-Law/2009/06/10/Inner-Peace-Treaty-Dialogues-Part-Two>

There events were followed by a workshop here at Peace Point with Jon Mundy PhD. and then a trip to Virginia Beach to an A Course in Miracles conference at the Association for Research and Enlightenment with Kenneth Wapnik PhD. We almost canceled our trip to hear Kenneth the day before after my husband received notice that he was part of a group of employees being laid off from work. It was a sudden shift for both of us. It was not without many indications that it was time for a new beginning. The event seemed perfectly timed amidst all the inspiring words throughout the month reminding us as it says in A Course in Miracles that "I can see peace instead of this" (ACIM, Workbook Lesson 34).

It has certainly been a month of heightened intuition as often occurs whenever there is sudden change. It may seem unfair timing if you don't always recognize that there is *always* guidance available to us from moment-to-moment that we don't consistently choose to listen to and accept as available to us until we feel our choices are limited. The irony is that until you realize that there are only two choices freedom to choose may seem illusive. The one choice to see only two choices ultimately leads to great freedom as a release from all limitation. The choice is always to reject or accept our own inner guidance "out of the far country" whenever we think fearful thoughts. And, as Marianne Williamson so aptly titled in her first best-selling book about her experiences as *A Course in Miracles* student, we can allow ourselves to be gently inwardly guided to "Return to Love" every time a fear thought comes up.

The process of "returning to love" is always a profound experience once you realize it is a choice to return to a place in our mind where we have never left to begin. This place is actually not a place at all but rather as state of open-mindedness where Love's Presence is always there to guide us. When we are ready sooner than later this loving Presence will reveal what has never been secret or hidden inside our own mind as our constant Companion. This loving Companion known by many Names is always inside us as "beside us" as a comforting Thought indeed. I am very grateful for the many comforting words offered by family and friends through trying times as a reminders of the one Mind that speaks through us all when we "let It be".

With this in mind I remind all of the upcoming healing arts workshops I am offering over the next two months as shown below in the **Announcements**. These include: **INTUITION, CREATIVITY AND INNER GUIDANCE, HANDS HEALING I & II, PEACE NOUVELLA™ - Introduction, and NATURE AS HEALER: A Co-creative Journey.** (see dates and times below)

These courses as part of the full Peace Novella™ course of study are all designed to help you gain greater trust in the one Mind within us all as our constant re"Source". I invite you to join me in this grand adventure "out of the far country" to rediscover what is as plain as the "no's" on your face dising grace. This Grace has never been lost but rather patiently waiting for you to find it where you choose to leave It dangling out somewhere as the misplaced part-"i"-ciple's...simple Truth.

Peace novella,

Alice

May a new peace be scripted in your heart co-authored with God – a Peace Nouvella™.

ANNOUNCEMENTS

Free Individual Sessions

Twenty minute free introductory Peace Pulse™ session are offered by appointment. Call (410) 956-1117 or see this website page (in construction) for further information at: <http://scs.pro-wds.com/individual-consultations>.

Peace Nouvella™ as a full course of study includes the following educational programs:

PEACE NOUVELLA™ - Introduction, Practitioner, Facilitator and Trainer trainings, HANDS HEALING; Introduction, HANDS HEALING; In-depth, SUBTLE ENERGY; Sensing, Scanning and Sending Healing, THE BODY AS COMMUNICATOR I & II, NATURAL HEALTH AND HEALING, MEDITATION; Creating Inner Peace and Health, THE CREATIVE ARTS AS HEALING ART, ART FROM THE HEART, CREATIVE JOURNALING, THE HEALER WITHIN; The Body, Mind and Spirit Connection, INTUITION, CREATIVITY AND INNER GUIDANCE, and NATURE AS HEALER; A Co-creative Journey. For information on additional courses call (410) 956-1117.

Schedule of Courses and Events

SCHEDULE OF COURSES:

Advance registration is required for all courses. For courses at AACC please register at least **two weeks** in advance of the course date to ensure enrollment. See the AACC Continuing Education catalog online at www.aacc.edu for registration information for the classes listed at that location. Alice Yeager is the instructor for all courses unless otherwise described. For details call (410) 956-1117.

COURSES BY LOCATION/TITLE/DATE

ANNE ARUNDEL COMMUNITY COLLEGE

Arnold and CAT South campuses

REGISTRATION FORM: Online at www.aacc.edu, in AACC Cont. Ed catalog or call (410) 777-2241

INTUITION, CREATIVITY & INNER GUIDANCE, Wed., July 15 - 29, 2009, 7:00pm-9:00pm, Arnold, Md
DESIGNING & ILLUSTRATION CHILDRENS BOOKS, Thurs., July 9 - Aug. 6, 2009, 6:30-9:00pm, Arnold, Md.
THE BODY AS COMMUNICATOR I, Saturday, October 10, 2009, 9:30am - 1:15pm, Arnold, Md

PEACE POINT

Edgewater, Maryland,

REGISTRATION FORM: <http://www.spiritcreativeservices.com/contact.htm#reg>

For information call (410) 956-1117 or email alice@spiritcreativeservices.com

HANDS HEALING I, Sat., July 18, 2009, 9:30am - 4:00pm

II - In-Depth Study, Sat., August 1, 2009, 9:30am - 4:00pm

Introductory class, Sat., August 15, 2009, 1:00 - 4:30pm

Journey, Sat., August 29, 9:30am - 4:00pm

HANDS HEALING

PEACE NOUVELLA™ -

NATURE AS HEALER: A Co-creative

Additional courses to be offered at Peace Point include: Call for dates & times
THE BODY AS COMMUNICATOR II
Health
MEDITATION - Creating More Inner Peace and
SUBTLE ENERGY; Sensing, Scanning and Sending Healing
THE CREATIVE ARTS AS HEALING ART

COURSE DESCRIPTIONS: Healing Arts

INTUITION, CREATIVITY AND INNER GUIDANCE

INSTRUCTOR Alice Yeager

DATE/TIME Wed., July 15 - 29, 2009, 7:00pm-9:00pm

LOCATION Anne Arundel Community College, Arnold Campus

COST \$77 CEU's awarded (3 session = 6 hours)

REGISTRATION: Online www.aacc.edu, AACC Cont. Ed catalog or call (410) 777-2241

DESCRIPTION Develop your intuition and creativity. Learn Techniques for evaluating and increasing telepathy, synchronicity, inner creative resources and wisdom for meeting life's challenges.

HANDS HEALING I

INSTRUCTOR Alice Yeager

DATE/TIME Saturday July 18, 2009, 9:30am - 4:00pm

LOCATION Peace Point, Edgewater, MD

COST \$80 (1 session = 6 hours)

DESCRIPTION: This course offers an introduction to the variety of hands healing methods practiced around the world. This includes both touch and non-touch techniques working with subtle energy also called "laying on of hands, reiki, johrei, qi-gong, therapeutic touch, healing touch" etc. Learn to sense your life force as an energy also known as chi, ki, prana, bio-energy or electro-magnetic energy. Develop skills working with your hands to detect and direct subtle healing energies in and around the body. This course is designed for both health care providers and others interested in developing new or enhanced skills to promote well-being and healing.

HANDS HEALING II - In-Depth Study

INSTRUCTOR Alice Yeager

DATE/TIME Saturday August 1, 2009, 9:30am - 4:00pm

LOCATION Peace Point, Edgewater, MD

COST \$80 (1 session = 6 hours)

DESCRIPTION: This in-depth training is for those who have completed the Hands Healing Techniques introductory course. The exercises are designed for individuals, couples and as a group are to further develop greater hands healing skills and a heightened awareness of subtle energy multi-sensory abilities. You will be shown how to use your hands as an extension of your mind to direct energy flows in and around the body. This includes in-depth practices of sending and receiving healing to others and yourself. Numerous subtle energy medicine techniques, research and professional practices are also covered including Qi-gong, Reiki, Johrei, Therapeutic Touch, Healing Touch, Touch for Heal, Polarity, psychic and spiritual healing, Peace Pulse™ and other hands healing methods.

PEACE NOUVELLA™ - Introductory class

INSTRUCTOR Alice Yeager

DATE/TIME Saturday August 15, 2009, 1:00pm - 4:30pm

LOCATION Peace Point, Edgewater, MD 21037

COST \$65 (1 session 3.5 hours)

DESCRIPTION: Peace Nouvella™ is an international educational peacebuilding project that I have been following inner guidance about since 1994. This experiential presentation is co-creatively designed as an introduction to the Peace Nouvella™ comprehensive course of study. Individual and group participation includes lecture, discussion and experiential exercises. The words *Peace Nouvella* mean "a new peace scripted in the heart, co-authored with God". This co-authorship involves connecting with the highest aspects of your being for personal growth, healing and creative expression. Further in-depth study includes; meditation, inner peacebuilding, intuition and a subtle energy training and a hands healing practice called the Peace Pulse™. It also includes the creative arts for healing through: journaling, art, music, theater and

storytelling. The full training includes opportunities for skills development as a professional Peace Nouvella™ practitioner, facilitator and trainer. For additional background information visit the AHAA website at: [Peace Nouvella™](#), [Inner Peace Treaty™](#), [Peace Pulse™](#) and [Peace Nouvella Players™](#) related web pages.

NATURE AS HEALER: A Co-creative Journey

INSTRUCTOR Alice Yeager

DATE/TIME Saturday, August 29, 2009, 9:30am - 4:00pm

LOCATION Peace Point, Edgewater, MD 21037

COST \$80 (1 session = 6 hours)

DESCRIPTION Experience a kinship and resonance with nature as a personal co-creative relationship. Through experiential exercises and the use of a naturalist's journal, you will have an opportunity to attune yourself to nature's natural rhythms, cycles and subtle interactions. This interactive experience will increase your awareness of your soul's interconnectiveness to all of life, and allow the Source of all creation to speak to you through nature. In this way we learn to recognize through the myriad expressions of life and creative form, a loving supportive infinite intelligence that communicates through nature. Bring a journal book, bag lunch and dress comfortably and protectively for outdoor walking in woodland waterfront setting.

THE BODY AS COMMUNICATOR I

INSTRUCTORS Alice Yeager, MFA and Faith Hagerty, MPT, cert. MDT, CSCS

DATE/TIME Saturday, October 10, 2009, 9:30am - 1:15pm

LOCATION Anne Arundel Com. College, Arnold Campus

REGISTRATION Call (410) 956-1117 or email alice@spiritcreativeservices.com

COST \$49 CEU's awarded (1 session = 3.75 hours)

DESCRIPTION In this introductory course the body is seen as a means of communication that can express health as well-being or unhealthiness as suffering. As a means of communication, the body can convey the underlying cause of a physical issue as "dis-ease" or other unhealthy conditions. The topics covered include physically based anatomical maps as well as subtle energy maps in relationship to our five senses as communication channels. When there is interference to this communication it can lead to unhealthy conditions as emotional and physical pain, sickness, accidents, and an increased rate in the aging process. When these communication channels are restored to full functioning we experience greater wellness as physical health and emotional well-being both individually and collectively.

THE BODY AS COMMUNICATOR II

INSTRUCTORS Alice Yeager, MFA and Faith Hagerty, MPT, cert. MDT, CSCS

DATE/TIME Call for date

LOCATION Peace Point, Edgewater, MD 21037

REGISTRATION Call (410) 956-1117 or email alice@spiritcreativeservices.com

COST \$60 (1 session = 3 hours)

DESCRIPTION This will be an experiential application of the information presented in the introductory class. We will be including group and individual practice sessions to help you learn to sense this communication for yourself within your own body as messenger. The purpose is to assist you in releasing self-limiting thoughts that have an effect on your self-healing abilities. We will also help you develop and establish reliable skills that you can use for yourself and to help others in a gentle supportive unfolding process toward greater health and well-being.

THE BODY AS COMMUNICATOR - Individual Sessions

Alice Yeager MFA and Faith Hagerty MPT, cert. MDT, CSCS have developed a practice and course of study working together with individual clients and students. This work combines their knowledge and skills in subtle energy healing and functional physical anatomy. Individual sessions include body/energy field scans to determine where past imprints and traumas are stored and how to release them to allow a greater flow of our life force. The result of releasing these imprints, especially traumas is increased flow of our life force and more vibrant health and well-being. **For pricing information see this website page (in construction) for further information at:** <http://scs.pro-wds.com/individual-consultations>.

MEDITATION - Creating More Inner Peace and Health

INSTRUCTOR Alice Yeager

DATE/TIME On-going classes, call for the schedule of individual and group sessions

LOCATION Peace Point, Edgewater, MD 21037 (Call or email for directions)

COST \$15 per hour session or \$50 per month (4 sessions) or \$100 per month (8 sessions)

DESCRIPTION Create more inner peace, health and balance in all areas of your life. Develop an understanding of meditative healing practices as they relate to individual and global healing. These include active mind and still mind forms as well as walking and other forms of moving meditation. Techniques using sound, visualization and journaling are also covered combining music, art and writing to help you integrate meditative practices into your daily life. Learn the benefits of both a personalized practice and a supportive group environment to increase vitality, mental clarity, concentration, creativity, wholeness and harmony.

COURSE DESCRIPTIONS: Creative Arts

The emphasis in all creative arts projects, services and educational programs is to uplift, inspire and co-creatively offer solutions for today's challenges and concerns. These program offered for all ages include topics in health, education, peacebuilding, creative expression and the environmental.

DESIGNING AND ILLUSTRATION CHILDREN'S BOOKS

INSTRUCTOR Alice Yeager

DATE/TIME Thursdays, July 9 - August 6, 2009, 6:30-9:00pm

LOCATION Anne Arundel Com. College, Arnold Campus

COST/REGISTRATION \$125, 5 sessions = 12.5 hours, AACC Cont. Ed. Catalog at www.aacc.edu

DESCRIPTION This class covers the process of designing and illustrating childrens' books. You will make your own book "dummy" and gain an overview understanding of the childrens' book field. The technical aspects of creating a book as well as the stages of design, illustration and production from beginning to end will be covered. You will also become acquainted with the terms and various aspects of book production, printing, and the children's book publishing market.

SCHEDULE OF EVENTS:

WEEKLY EVENTS

Peace Nouvella™ introductory free 20 minute consultations. Call (410) 956-1117 to arrange for an individual Peace Nouvella™ session at Peace Point.

MONTHLY EVENTS

The following monthly events are jointly sponsored by Spirit Creative Services Inc. (410) 956-1117 and the American Healing Arts Alliance Inc. (AHAA) (410) 956-0055. Donations offered at these events help support AHAA's [Peace Nouvella™](#) educational programs that include the [Peace Pulse™](#) healing work, [Inner Peace Treaty™](#) collective thought project and [Peace Nouvella Players™](#) ensemble.

1st Tuesday [SPEAKERS PROGRAM](#)

2nd Tuesday [MEDITATION AND HEALING EXCHANGE](#)

3rd Tuesday [MEDIA NIGHT](#)

4th Tuesday and 2nd Sunday [A COURSE IN MIRACLES](#)

*****Please confirm attendance for all programs at least 24 hours in advance.**

Email or (410) 956-1117 with your phone number and how many attending.

SPEAKERS PROGRAMS

DAY/TIME Monthly on the **First Tuesday**, 7:00-8:30pm

HOST LOCATION 2001 Tidewater Colony Drive, Suite 102, Annapolis, Md 21401, Call (4100 956-0055 to confirm and for directions. These jointly sponsored by Spirit Creative Services Inc. and the American Healing Arts Alliance Inc. feature AHAA professional members and guest speakers. See this month's [AHAA newsletter](#) for details on these co-sponsored programs.

MEDITATION AND HEALING EXCHANGE

DAY/TIME Monthly on the **second Tuesday**, 7:00-8:30pm

HOST LOCATION Peace Point, Edgewater, Md. 21037. Call (410) 956-1117 to confirm and for directions

PEACE DOVE MEDITATIONS 7:00-7:30pm, Meditation, prayer and inner guidance for peace.

HEARTS 7:30- 8:30pm **HEaling ARTS** gatherings to give, receive or exchange healing.

Practitioners, healing arts students as well as anyone interested in the healing arts are welcome. Emphasis is placed on subtle energy and bodywork.

MEDIA NIGHT Movies/Videos/Television/Music/Art/Theater/Book/Web

DATE/TIME Monthly on the **Third Tuesday**, 7:00-8:30pm

HOST LOCATION Call (410) 956-1117 to confirm and for directions to Peace Point in Edgewater, Md.

Come join in our exploration and discussions of a variety of healing arts and sciences topics through various media including television, radio, videos, movies, music, books, theater, art, ipod, cell phone and web media.

A COURSE IN MIRACLES

DAY/TIME Monthly on the **Fourth Tuesday**, 7:00pm-8:30pm **and Second Sunday**, 3:00pm-4:30pm

HOST LOCATION Call (410) 956-1117 to confirm and for directions to Peace Point, Edgewater, Md.

The *A Course in Miracles* study group meets as a healing circle, miracles sharing and self study support of the book. The full Course now in third edition includes: Workbook's 365 daily meditation lessons, Text, Manual for Teachers and two supplement pamphlets. Since first publication in 1975 the Course has been translated into 17 languages with 2,000+ study groups in 50+ countries. For further information about ACIM's history and worldwide study visit www.acim.org. Daily workbook lessons are online at: <http://64.224.242.44/Lessons/Introduction.htm> and www.oprah.com. The Miracle Distribution Catalog is at <http://miraclecenter.org/>. You Tube videos to watch are at <http://www.youtube.com/user/FndtnACIM>

PEACE NOUVELLA PLAYERS™

Auditions and Creative Submissions:

See the current [AHAA newsletter](#) and [Peace Nouvella Players™](#) web page for details. For queries, audition or portfolio review appointments email ahaainc@earthlink.net or call (410) 956-0055.

Consulting Services and Products

CORPORATE & INDIVIDUAL CONSULTING/TRAINING

- * **Healing & Creative Arts Consulting/Training**
- * **Business & Individual Life Coaching/Mentoring**
- * **Commercial & Fine Art Services/Products**
- * **Peace Nouvella™ Players Programs**

INDIVIDUAL & GROUP CONSULTATIONS

- * **Intuitive Guidance**
- * **Subtle Energy Field Assessment**
- * **Peace Pulse™ Hands Healing Sessions**
- * **Training, Life Coaching & Mentoring**

Healing Arts

Call (410) 956-1117 or see this website page (in construction) for further information at:

<http://scs.pro-wds.com/individual-consultations>.

Creative Arts

Call (410) 956-1117 or see this website page (in construction) for further information at:

<http://scs.pro-wds.com/consulting-services>

Commercial Art

We offer comprehensive consulting, publishing services and products for businesses, organizations and individuals. Our creative arts professional services include; Illustration, Graphic Design, Photography, Copywriting, Editing and Marketing products and consulting services. Visit our website for samples from our creative portfolio and a description of our services at; www.spiritcreativeservices.com/creative_services.htm

Fine Art

Commissioned and original fine art works by Alice Yeager created in a variety of media techniques including; watercolor, acrylic, colored and graphite pencil, pen and ink and mixed media.

Art from the Heart™

Artwork co-created with intuitive guidance can be a way to discover higher truths about yourself. Developing a visual dialogue with your individual symbols and images can provide insight and lasting inspiration. Individualized works of co-creative art from the heart are available on a commissioned basis. Art from the Heart™ is also offered as an experiential workshop to help you co-create our own works of art.

Visit the **Spirit Creative Services Inc.** and **American Healing Arts Alliance Inc.** websites shown below for further details. Feel free to share this information maintaining all copyright credits with others you think may be interested. If you no longer wish to continue receiving this Peace Nouvella™ newsletter please reply [maintaining the complete subject line](#) with the words **Cease Peace** in the message area.

Alice Yeager

President and Founder

Spirit Creative Services Inc. (consulting business)

American Healing Arts Alliance Inc. (non-profit organization)

Peace Point, 3157 Rolling Rd.

Edgewater, MD 21037

(410) 956-1117 (Spirit consulting business)

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www.spiritcreativeservices.com

www.americanhealingarts.org

